

Comparative Analysis of National Breast Screening Guidelines in Europe

Country	Age to Start / Stop	Recommended Screening Interval	Breast Density in Medical Mammography Reports (BI-RADS® categories used)	Screening Guidelines for Dense Breasts in Addition to Mammography
Albania ^a	40 / 69	Every 2-3 years (40-50) Every 1-2 years (age 50+)	Variable	Supplemental ultrasound is recommended.
Austria	45 ^b / 74 ^b	Every 2 years	Yes	Supplemental ultrasound is standard.
Bulgaria	50 / 69	Every 2 years	Yes	Opportunistic screening: Supplemental ultrasound is recommended.
Croatia	50 / 69	Every 2 years	Yes	Supplemental ultrasound is recommended.
Cyprus	45 / 74	Every 2 years	Yes (for density categories C and D)	Supplemental ultrasound, beginning 6 months after mammogram and continuing annually.
France	50 / 74	Every 2 years	Yes	Supplemental ultrasound is recommended.
Germany	50 / 69	Every 2 years	No	No national guidelines.
Greece	50 / 69	Every 2 years	Yes	Supplemental ultrasound is recommended
Hungary	45 ^c / 65 ^c	Every 2 years	Yes	Supplemental ultrasound is standard.
Iceland	40 / 69 ^d	Every 2 years	No	No national guidelines.
Ireland (Republic of)	50 / 69	Every 2 years	No	No national guidelines.
Italy	50 ^e / 69 ^e	Every 2 years	No	No national guidelines.

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Lithuania ^a	50 / 69	Every 2 years	Yes	Opportunistic screening: Supplemental ultrasound is recommended.
The Netherlands	50 / 75	Every 2 years	No, screening program Yes, diagnostic reports	No national guidelines.
Norway	50 / 69	Every 2 years	No	No national guidelines.
Portugal	50 ^f / 69 ^g 45 ^h / 74 ⁱ	Every 2 years	Variable	No national guidelines.
Serbia	50 / 69	Every 2 years	Yes	Supplemental ultrasound is recommended.
Slovenia	50 / 69	Every 2 years	No ^j	No national guidelines.
Spain	50 / 69	Every 2 years	Not mandatory	Supplemental ultrasound is recommended.
Sweden	40 / 74	18-24 months	No ^k	No national guidelines.
Switzerland	50 / 74	Every 2 years	Yes	Supplemental ultrasound is recommended.
Turkey	40 / 69	Every 2 years	Low sensitivity of mammography in dense breasts included	No national guidelines.
United Kingdom	50 / 70 ^d	Every 3 years	No	No national guidelines.

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- ^a No national screening program; opportunistic screening only
- ^b Opt-in possible to begin after age 40; opt-in also possible to continue after age 75
- ^c Opt-in possible to begin at age 40; opt-in also possible to continue after age 65
- ^d Women over age 70 may self-refer
- ^e Regions decide independently to invite at 45 or to continue to age 74
- ^f Mainland Portugal
- ^g Mainland Portugal and Archipelago of Madeira
- ^h Archipelagos of Madeira and Azores
- ⁱ Archipelago of Azores
- ^j In discussion to include
- ^k At the radiologist's discretion

For additional information about screening guidelines by country, please visit the European map at densebreast-info.org/europe.