

## Comparative Analysis of National Breast Screening Guidelines in Europe

Country	Age to Start / Stop	Recommended Screening Interval	Breast Density in Medical Mammography Reports (BI-RADS® categories used)	Screening Guidelines for Dense Breasts in Addition to Mammography
Albania <sup>a</sup>	40 / 69	Every 2-3 years (40-50) Every 1-2 years (age 50+)	Variable	Supplemental ultrasound is recommended.
Austria	45 <sup>b</sup> / 74 <sup>b</sup>	Every 2 years	Yes	Supplemental ultrasound is standard.
Bulgaria	50 / 69	Every 2 years	Yes	Opportunistic screening: Supplemental ultrasound is recommended.
Croatia	50 / 69	Every 2 years	Yes	Supplemental ultrasound is recommended.
Cyprus	45 / 74	Every 2 years	Yes (for density categories C and D)	Supplemental ultrasound, beginning 6 months after mammogram and continuing annually.
France	50 / 74	Every 2 years	Yes	Supplemental ultrasound is recommended.
Germany	50 / 69	Every 2 years	No	No national guidelines.
Greece	50 / 69	Every 2 years	Yes	Supplemental ultrasound is recommended
Hungary	45 <sup>c</sup> / 65 <sup>c</sup>	Every 2 years	Yes	Supplemental ultrasound is standard.
Iceland	40 / 69 <sup>d</sup>	Every 2 years	No	No national guidelines.
Ireland (Republic of)	50 / 69	Every 2 years	No	No national guidelines.
Italy	50 <sup>e</sup> / 69 <sup>e</sup>	Every 2 years	No	No national guidelines.

## Comparative Analysis of National Breast Screening Guidelines in Europe

Country	Age to Start / Stop	Recommended Screening Interval	Breast Density in Medical Mammography Reports (BI-RADS® categories used)	Screening Guidelines for Dense Breasts in Addition to Mammography
Lithuania <sup>a</sup>	50 / 69	Every 2 years	Yes	Opportunistic screening: Supplemental ultrasound is recommended.
The Netherlands	50 / 75	Every 2 years	No, screening program Yes, diagnostic reports	No national guidelines.
Norway	50 / 69	Every 2 years	No	No national guidelines.
Portugal	50 <sup>f</sup> / 69 <sup>g</sup> 45 <sup>h</sup> / 74 <sup>i</sup>	Every 2 years	Variable	No national guidelines.
Serbia	50 / 69	Every 2 years	Yes	Supplemental ultrasound is recommended.
Slovenia	50 / 69	Every 2 years	No <sup>j</sup>	No national guidelines.
Spain	50 / 69	Every 2 years	Not mandatory	Supplemental ultrasound is recommended.
Sweden	40 / 74	18-24 months	No <sup>k</sup>	No national guidelines.
Switzerland	50 / 74	Every 2 years	Yes	Supplemental ultrasound is recommended.
Turkey	40 / 69	Every 2 years	Low sensitivity of mammography in dense breasts included	No national guidelines.
United Kingdom	50 / 70 <sup>d</sup>	Every 3 years	No	No national guidelines.

## Comparative Analysis of National Breast Screening Guidelines in Europe

- <sup>a</sup> No national screening program; opportunistic screening only
- <sup>b</sup> Opt-in possible to begin after age 40; opt-in also possible to continue after age 75
- <sup>c</sup> Opt-in possible to begin at age 40; opt-in also possible to continue after age 65
- <sup>d</sup> Women over age 70 may self-refer
- <sup>e</sup> Regions decide independently to invite at 45 or to continue to age 74
- <sup>f</sup> Mainland Portugal
- <sup>g</sup> Mainland Portugal and Archipelago of Madeira
- <sup>h</sup> Archipelagos of Madeira and Azores
- <sup>i</sup> Archipelago of Azores
- <sup>j</sup> In discussion to include
- <sup>k</sup> At the radiologist's discretion

For additional information about screening guidelines by country, please visit the European map at [densebreast-info.org/europe](https://densebreast-info.org/europe).