

# Breast Cancer Screening Guidelines - Comparison

	<b>ACR/SBI</b>	<b>ACS</b>	<b>ACOG</b>	<b>AMA</b>	<b>NCCN</b>	<b>USPSTF</b>
<b>Age to Start Mammography</b>	40	45 Individual choice 40-44	40	40	40	50
<b>Age to Stop Mammography</b>	When life expectancy is < 5-7 years	When life expectancy is < 10 years	Annual as long as a woman is in good health	When life expectancy is < 10 years	Upper age limit not established	74 years old
<b>Mammography Interval</b>	Annual	Annual 45-54 1-2 years 55+	Annual	Annual	Annual	Every 2 years
<b>View on Tomosynthesis (3D) Mammography</b>	No longer investigational; represents an advance in breast imaging	Improvement in detection, lower chance of recall	Further study to confirm whether cost-effective replacement for digital mammography alone as first-line screening	Silent	Promising; definitive studies pending	Insufficient evidence to support routine use; grade "I"
<b><u>NOTES:</u></b>	Tomosynthesis shown to improve key screening parameters compared to digital mammography	40-44 Opportunity to begin screening 45-54 Annual Exam 55+ 1-2 yeas transistion to biennial or opportunity for annual exam		Eligible at age 40, if they choose and their doctors agree; annual at 50		40-49 Grade "C" Individual decision 50-74 Grade "B" Biennial screening 75+ Grade "I" Insufficient Evidence

# Resources

- ACS** Oeffinger KC, Fontham ET, Etzioni R, et al. Breast Cancer Screening for Women at Average Risk: 2015 Guideline Update From the American Cancer Society. JAMA. 2015;314(15):1599-614.  
<https://www.youtube.com/watch?v=6SKh6Tm2HZs&feature=youtu.be>
- ACOG** <http://www.acog.org/About-ACOG/News-Room/Statements/2016/ACOG-Statement-on-Breast-Cancer-Screening-Guidelines> ; <http://www.acog.org/Patients/FAQs/Mammography-and-Other-Screening-Tests-for-Breast-Problems>
- ACR/SBI** <http://www.acr.org/About-Us/Media-Center/Press-Releases/2015-Press-Releases/20151020-ACR-SBI-Recommend-Mammography-at-Age-40>  
[http://www.jacr.org/article/S1546-1440\(09\)00480-3/fulltext](http://www.jacr.org/article/S1546-1440(09)00480-3/fulltext)  
[http://www.jacr.org/article/S1546-1440\(09\)00480-3/pdf](http://www.jacr.org/article/S1546-1440(09)00480-3/pdf)
- AMA** Action of the AMA House of Delegates 2012 Annual Meeting: Revisions to AMA policy H-525.993 “Mammography Screening in Asymptomatic Women Forty Years and Older”. Adopted 06-19-2012. Available at: <http://www.ama-assn.org/resources/doc/csaph/x-pub/a12-csaph6-screeningmammography.pdf>
- NCCN** NCCN Guidelines Breast Cancer Screening and Diagnosis Guidance pdf v 1.2016 07/27/16
- USPSTF** Siu AL, on behalf of the U.S. Preventive Services Task Force. Screening for Breast Cancer: U.S. Preventive Services Task Force Recommendation Statement. Ann Intern Med. 2016;164:279-296. doi:10.7326/M15-2886