

## Comparative Analysis of National Breast Screening Guidelines in Europe

Country	Age to Start / Stop	Recommended Screening Interval	Breast Density in Medical Mammography Reports (BI-RADS <sup>®</sup> categories used)	Screening Guidelines for Dense Breasts in Addition to Mammography
Austria	45 <sup>a</sup> / 69 <sup>a</sup>	Every 2 years	Yes	Supplemental ultrasound is standard.
Bulgaria	50 / 69	Every 2 years	Yes	Opportunistic screening: Supplemental ultrasound is recommended.
Croatia	50 / 69	Every 2 years	Yes	Supplemental ultrasound is recommended.
Cyprus	50 / 69	Every 2 years	Yes (for density categories C and D)	Supplemental ultrasound, beginning 6 months after mammogram and continuing annually.
France	50 / 74	Every 2 years	Yes	Supplemental ultrasound is recommended.
Germany	50 / 69	Every 2 years	No	No national guidelines.
Greece <sup>b</sup>	40 / 72	Annual	Yes	Opportunistic screening: Most centers offer supplemental ultrasound to women with dense breasts.
Iceland	40 / 69 <sup>c</sup>	Every 2 years	No	No national guidelines.
Italy	50 <sup>d</sup> / 69 <sup>d</sup>	Every 2 years	No	No national guidelines.

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Lithuania <sup>b</sup>	50 / 69	Every 2 years	Yes	Opportunistic screening: Supplemental ultrasound is recommended.
The Netherlands	50 / 75	Every 2 years	No, screening program Yes, diagnostic reports	No national guidelines.
Norway	50 / 69	Every 2 years	No	No national guidelines.
Portugal	50 <sup>e</sup> / 69 <sup>f</sup> 45 <sup>g</sup> / 74 <sup>h</sup>	Every 2 years	Variable	No national guidelines.
Serbia	50 / 69	Every 2 years	Yes	Supplemental ultrasound is recommended.
Spain	50 / 69	Every 2 years	Not mandatory	Supplemental ultrasound is recommended.
Turkey	40 / 69	Every 2 years	Low sensitivity of mammography in dense breasts included	No national guidelines.
United Kingdom	50 / 70 <sup>c</sup>	Every 3 years	No	No national guidelines.

<sup>a</sup> Opt-in possible to begin at age 40; opt-in also possible to continue after age 69

<sup>b</sup> No national screening program; opportunistic screening only

<sup>c</sup> Women over age 70 may self-refer

<sup>d</sup> Regions decide independently to invite at 45 or to continue to age 74

<sup>e</sup> Mainland Portugal

<sup>f</sup> Mainland Portugal and Archipelago of Madeira

<sup>g</sup> Archipelagos of Madeira and Azores

<sup>h</sup> Archipelago of Azores

For additional information about screening guidelines by country, please visit the European map at [eu.densebreast-info.org](http://eu.densebreast-info.org)